

Wildflowers of Golden Gate

National Park Service
U.S. Department of the Interior

Golden Gate
National Recreation Area



Indian Paintbrush



California Poppies



Mission Bells



Yellow Bush Lupine



Yarrow



Silver Bush Lupine



Crimson Columbine



Franciscan Paintbrush



Sticky Monkeyflower



Seaside Daisy



Seep Spring



Shooting Star



Cow Parsnip



California Buttercup



Douglas Iris



Footsteps-of-Spring



Ithuriel's Spear



Blue-eyed Grass

Their names are quaint reminders of the poetic language used by early settlers: *Footsteps-of-Spring*, *Baby Blue Eyes*, *Mission Bells*, *Milkmaids*. Their colors are vivid, although sometimes you have to crouch low to see them. A walk on the park's trails during peak wildflower season from late February through June is a chance to appreciate the profusion of wildflowers that once graced all of California. For more information about wildflowers, stop at any of our park Visitor Centers.

Red / Pink Flowers

Checker-bloom; Wild Hollyhock
Sidalcea malvaeflora
[March-May, grasslands]

Coast Onion
Allium dichlamydeum
[April-July, rocky and serpentine soils]

Coast Rock Cress
(Threatened)
Arabis blepharophylla
[January-March, rocky northface slopes]

Cobweb Thistle
Cirsium occidentale
[March-May, grasslands & scrub]

Crimson Columbine
Aquilegia formosa
[March-May, rocky northface slopes]

Franciscan Paintbrush
Castilleja subinclusa ssp. franciscana
[March-May, grasslands]

Indian Paintbrush
Castilleja affinis
[March to August/September, sandy coastal flats and dune]

Pink Sand Verbena
Abronia umbellata
[March- November, sandy coastal flats and dune]

Presidio Clarkia
(Federally Endangered)
Clarkia franciscana (Presidio Area)
Clarkia rubicunda (Marin Area)
[April-July, serpentine outcrops]

Seaside Daisy
Erigeron glaucus
[March-May, grasslands]

Shooting Star
Dodecatheon hendersonii
[January-March, rocky northface slopes]

Wild Buckwheat
Eriogonum latifolium
[June-November, rocky northface slopes]

Orange Flowers

California Poppy
Eschscholzia californica
[March-November, grasslands]

Sticky or Bush Monkeyflower
Mimulus aurantiacus
[June-November, scrub]

Brown Flower

Mission Bells; Checker Lily
Fritillaria affinis
[March-May, rocky northface slopes]

Yellow Flowers

California Buttercup
Ranunculus californicus
[March-May, grasslands & rocky northface slopes]

Footsteps-of-Spring
Sanicula arctopoides
[January-March, grasslands]



Checkerbloom



Cobweb Thistle



Stonecrop



S.F. Wallflower



Angelica



Blue Dicks



Presidio Clarkia



Mule-ears



Lizard Tail



Soap Plant



Beach Strawberry



Purple Sanicle



Coast Onion



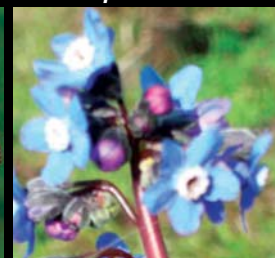
Sun Cup

To see a World in a Grain of Sand
And a Heaven in a Wild Flower,
Hold Infinity in the palm of your hand
And Eternity in an hour.

—William Blake



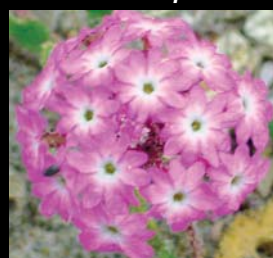
Coastal Buckwheat



Western Hound's Tongue



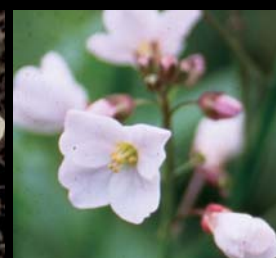
Coast Rock Cress



Pink Sand Verbena



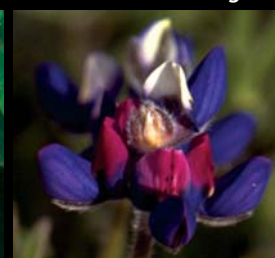
Tidy Tips



Milkmaids



California Blackberry



Sky Lupine

Lizard Tail

Eriophyllum staechadifolium
[June-November, scrub]

Monkeyflower; Seep Spring

Mimulus guttatus
[January-May, rocky northface slopes]

Mule-ears

Wyethia angustifolia
[March-May, grasslands]

Stonecrop

Sedum spathulifolium
[April-July, rocky northface slopes]

Sun Cup

Camissonia ovata
[January-March, grasslands]

Tidy Tips

Layia platyglossa
[March-June, gravelly Ridges, grassy slopes and coastal mesas]

Yellow Bush Lupine

Lupinus arboreus
[March-September, sandy coastal flats and dune]

White Flowers

Angelica

Angelica hendersonii
[January-November, rocky northface slopes]

California Blackberry

Rubus ursinus
[March to August, woodland areas]

Cow Parsnip

Heracleum lanatum
[March-May, scrub]

Franciscan Wallflower

Erysimum franciscanum
[January-May, grasslands & rocky northface slopes]

Milkmaids

Cardamine californica
[January-March, rocky northface slopes]

Beach Strawberry

Fragaria chiloensis
[February to August, sandy coastal flats and dune]

Soap Plant

Chlorogalum pomeridianum
[March-May, grasslands & scrub]

Yarrow

Achillea millefolium
[June-November, scrub]

Blue / Violet Flowers

Blue Dicks

Dichelostemma capitatum
[March-May, grasslands]

Blue-Eyed Grass

Sisyrinchium bellum
[March-May, grasslands]

Douglas Iris; Lavendel

Iris douglasiana
[March-May, grasslands]

Ithuriel's Spear

Triteleia laxa
[March-May, grasslands]

Rock Phacelia

Phacelia californica
[March-May, rocky northface slopes]

Silver Bush Lupine

Lupinus albifrons
[March-May, grasslands & rocky northface slopes]

Sky Lupine

Lupinus nanus
[March-May, grasslands]

Western Hound's Tongue

Cynoglossum grande
[January-March, rocky northface slopes]

NPS Photos:

Trina Kvale - California Poppies, Silver Bush Lupine, Sticky Monkeyflower, Seaside Daisy, Douglas Iris, Coastal Buckwheat, Pink Sand Verbena, California Blackberry.
Will Elder - Yarrow, Seep Spring, Ithuriel's Spear, Checkerbloom, San Francisco Wallflower, Blue Dicks, Presidio Clarkia, Mule-ears, Lizard Tail, Soap Plant, Coast Onion, Coast Rock Cress, Tidy Tips

Parks Conservancy Photos:

Michael Chasse - Indian Paintbrush, Mission Bells, Purple Sanicle
Jessy Bergeman - Yellow Bush Lupine, Crimson Columbine, Cow Parsnip, California Buttercup, Blue-eyed Grass, Cobweb Thistle, Stonecrop, Sun Cup, Sky Lupine
Lynn Sanderson - Western Hound's Tongue

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Please leave all flowers for others to enjoy!