Marin Headlands

In case of emergency dial (415) 561-5656 or 911
For General Information call (415) 331-1540

- For your safety in case of emergency, please be prepared to tell the dispatcher your location in the park.
- National Parks are protected areas. Take only pictures, leave only footprints. Shortcuts cause erosion. Please stay on designated trails.
- If you encounter coyotes, keep your distance, keep pets and children supervised, and do not feed coyotes or any other wildlife.
- Dogwalkers must obey regulations and pick up after their pets. Details at www.nps.gov/goga/planyourvisit/pets.
- Bicyclists may not exceed 15 mph, and must slow to 5 mph around corners or while passing other trail users.
- Trail distances indicated in miles.

Directions to the Marin Headlands

From the North: Take Hwy 101 southbound and exit at the “Sausalito Exit,” just before the Golden Gate Bridge. Turn left at the stop sign, then bear immediately right and head up the hill onto Conzelman Road. Follow signs to Marin Headlands destinations.

From the South: Take Hwy 101 northbound across the Golden Gate Bridge. Exit at Alexander Avenue (second exit after crossing the bridge; the first exit is Vista Point). Stay to the right on the exit ramp and merge onto Alexander Avenue for 0.2 miles. Turn left at the first opportunity onto West Bunker Road (unmarked). Proceed through the tunnel and follow signs to Marin Headlands destinations.
Fort Baker

This former Army site has been reborn as part of a national park—the last of the dramatic “post to park” conversions that have created the Golden Gate National Parks. Hiking, fishing, viewing wildlife, and spectacular views of the Golden Gate and the Marin Headlands await visitors to Fort Baker.

Several partners also provide recreation and educational opportunities and visitor amenities at Fort Baker.

Self-guided walking tours of the historic parade ground and for Horseshoe Cove are available at the Marin Headlands Visitor Center, the Bay Area Discovery Museum, or at Cavallo Point—The Lodge at the Golden Gate. They are also available online at:

www.nps.gov/goga/planyourvisit/fort-baker.htm

Since 1991, the Bay Area Discovery Museum has provided outstanding children’s educational programs activities for the 6 months to 8-year-old set.

Information 415-339-3900 www.badm.org

Travis Sailing Center located on the east side of Horseshoe Cove, offers sailing instruction and boat rentals.

Information 415-332-2319

Driving Instructions to Fort Baker

From San Francisco

- North on U.S. Highway 101, over the Golden Gate Bridge.
- Exit at Alexander Avenue (second exit after crossing the bridge; first exit is Vista Point.)
- Stay to the right on the exit ramp and merge right onto Alexander Avenue for 0.2 miles.
- Turn left at the first opportunity onto West Bunker Road (unmarked) and follow signs to Fort Baker.

From the North

- Take U.S. Hwy 101 south to the “Sausalito Exit,” just before the Golden Gate Bridge.
- Turn right at the stop sign at the end of the exit ramp and pass under U.S. Hwy 101 to a second stop sign.
- At the stop sign, continue straight onto Alexander Avenue for 0.2 mile.
- Turn left at the first opportunity onto West Bunker Road (unmarked) and follow signs to Fort Baker.

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