

# OUTDOOR ADVENTURE & SPORTS

Marin is all about the outdoors. From the seaside, to the mountains, to every natural nook and cranny you can imagine. Residents have spent lifetimes exploring the open-air adventures that Marin has to offer. But even if you only have a couple of days, you can still see a lot.

## DAY ONE

**MORNING** Start your day hiking among some of the oldest, and most majestic, living organisms on the planet in the Muir Woods National Monument.

**LUNCH** Recharge with a trip to quaint, downtown Mill Valley. Among the shops, galleries, and even more redwoods, you'll find Piazza D'Angelo restaurant. Dine on the patio and prepare for your afternoon.

**AFTERNOON** Marin County is the birthplace of mountain biking. Bike famous Mt Tamalpais and have your breath taken away both by the stunning ocean views and the steep climbs through tall trees and mountain air.

## DAY TWO

**MORNING** The water is calling! Take to beautiful Tomales Bay in a kayak and explore this channel of water that was formed by the San Andreas fault. Or go to the other side of the coast of Point Reyes National Seashore for a chance at some whale watching.

**LUNCH** Taste the best of the area in one convenient location. The Farm House in little Olema brings the finest food from local growers, dairy farmers, and fisherman right to your table.

**AFTERNOON** Take a hike. Explore Tomales Bay State Park by foot with a walk to the gorgeous, rugged beaches of Hearts Desire and Shell Beach.